

# **Meghan Elisabeth O'Nyon**

Licensed Marriage and Family Therapist, #98869

## **EDUCATION**

- M.S. in Counseling with Marriage & Family Therapy (MFT) option** 2015  
California State University East Bay, Hayward, CA  
Capstone Project: "Childhood Anticipatory Grief and Psychosocial Development"
- Bachelor of Arts in Psychology** 2010  
San Francisco State University, San Francisco, CA

## **PROFESSIONAL EXPERIENCE**

### **California State University East Bay – Hayward, CA**

Guest Lecturer April 2017

- Taught 2-unit Grief Counseling weekend seminar
- Presented material to provide 2nd-year Counseling MFT students with understanding of bereavement, individual and group grief counseling, grief across developmental stages, and personal introspection on death, dying, and grief
- Invited to teach by Dr. Randi Cowdery

### **Behavioral Intervention Association - Emeryville, CA**

Program Director March 2017 to Present

- Supervise program managers and behavior therapists
- Provide bi-annual all-staff child development trainings
- Provide individual initial and ongoing staff and parent training
- Create and modify client program curriculum and schedules
- Conduct initial assessments for potential clients

### Program Manager

August 2013 to March 2017

- Supervise and train behavior therapists in using modified Applied Behavioral Analysis.
- Analyze data and write goal reports.
- Create and adjust program curriculum based on client's behavior data and skill acquisition.
- Maintain client and therapist schedules.
- Provide support, information, and feedback to families, caregivers, and staff through individual parent training and parent discussion groups.
- Attend monthly in-house trainings. See "Certifications and Specialized Trainings" section for list of topics.
- Presented Ethics, Professional Conduct and Scope of Practice in-house training to all staff members. Assisted with presentation of Mandated Reporting duties.

### Behavior Therapist

October 2010 to August 2013

- Implemented behavior modification programs for children with Autism Spectrum Disorder aged 3-8 years at school, in the client's home and in community settings using integrative Applied Behavioral Analysis. Individual program intensity ranged from 10-30 hours per week, with an average of 2-3 clients daily 5 days per week.
- Created visual materials for clients such as social stories, picture exchange communication systems (PECS), and visual monitoring systems.

## **ACADEMIC and VOLUNTEER EXPERIENCE**

### **Pathways Home Health, Hospice & Private Duty – Oakland, CA**

Registered Intern

June 2015 to December 2016

- Attended Interdisciplinary Group meetings with nurses, social workers, doctors, and case managers to coordinate bereavement outreach phone calls and counseling for newly bereaved family and friends of hospice patients.
- Provided weekly bereavement counseling to individuals, families, and children, carrying a caseload of 5-7 clients per week.
- Co-facilitated six 6-week sessions of General Loss group and two 6-week sessions of Daughters Grieving Their Mothers group.
- Reached out weekly to newly bereaved clients through supportive phone calls.
- Provided in-home pre- and post-bereavement therapeutic services for families to collaborate on a memorial art piece together.
- Presented one on-site workshop demonstrating how to create a potted memorial garden for bereaved hospice clients and community members.

**Crisis Support Services of Alameda County – Oakland, CA**

Trainee/Intern

August 2014 to August 2015

- Responded to Crisis Line calls 4 hours per week, for a total of 265 calls.
- Provided weekly on-campus individual and group counseling for children age 7-10 at one elementary school site.
- Provided weekly on-site individual counseling for seniors dealing with grief, interpersonal relationship issues, stage of life issues, depression, and anxiety.
- Co-facilitated ongoing weekly on-site group counseling for women over 55 (“Women in Transition”).

**California State University East Bay – Hayward, CA**

Graduate Teaching Assistant

January 10 & 25, 2015

- Assisted in teaching Micro Counseling weekend seminar. Facilitated role-plays between first-year Counseling-MFT students in small groups. Provided feedback and facilitated discussions among students to further understanding of therapeutic micro counseling skills.

**East Bay Agency for Children: Circle of Care – Oakland, CA**

Volunteer Support Group Counselor

January 2011- December 2012

- Facilitated grief support group sessions for children aged 4-17 years dealing with family illness and death utilizing play, talk, and creative arts.
- Participated in 3-day multicultural, diversity, developmental, and self-care training prior to volunteering.

**Psychology Research, San Francisco State University - San Francisco, CA**

Developmental Psychology Department

Research Assistant

April 2010 to September 2010

- Recruited participants, coded self-reports, and analyzed data alongside Developmental Psychology graduate student.

**Psychology Research, San Francisco State University - San Francisco, CA**

Mind, Brain, & Behavior Psychology Department

Confederate

January 2010 to July 2010

- Participated as confederate for studies in essentialism and stereotype threat conducted by undergraduate and graduate student team; supervised by Dr. Avi Ben-Zeev.

**Psychology Instruction Assistant, San Francisco State University, - San Francisco, CA**

Teaching Assistant

August 2009 to May 2010

- Tutored students in undergraduate General Psychology course supervised by Dr. Margaret Lynch.
- Held office hours for 1:1 and group tutoring sessions; proctored and graded exams and assignments.

### CERTIFICATIONS AND SPECIALIZED TRAININGS

#### **Certifications**

- Licensed Marriage and Family Therapist (LMFT #98869) March 2017
- Non-Violent Crisis Intervention, CPI, Behavioral Intervention Association
  - Annual renewal (3 hours) 2014 - 2018
- Bi-Annual CPR, AED, Basic First Aid Certification 2015 - 2018
- Non-Violent Crisis Intervention, CPI, Berkeley USD (9 hours) November 2012

#### **Conferences**

- 12<sup>th</sup> Annual Autism Conference, Morgan Autism Center, Santa Clara, CA (8 hrs) Sept. 28, 2013
- CA Cognitive Science Conference, UC Berkeley (8 hours) April 28, 2012

#### **Trainings**

- BIA Monthly In-House Child and Curriculum Development Trainings 2010 - Present
- Intern Training, Pathways Home Health, Hospice & Private Duty (31 hrs.) June-October 2015
- Intern training, Crisis Support Services of Alameda Cty. (51 hrs.) Aug. 30, 2014-May 2, 2015
- Crisis Line training, Crisis Support Services of Alameda County (42 hrs) Sept. 20-Dec. 13, 2014
- Preventing Harassment, Nonprofits Insurance Alliance Group, online (2 hours) Mar. 2014, 2016
- Grief Counseling and Cultural Awareness, Circle of Care, Oakland, CA (24 hrs) Jan. 18-29, 2011

#### **Workshops**

- *Understanding Children's Dreams and Nightmares*, Ann Martin Center, Emeryville, CA April 27, 2017
- *Supporting a Student Who Struggles in School*, Piedmont USD, Piedmont, CA March 21, 2017
- *Neurobiology of Play in Attachment and Neurosensory Play Therapy in the Treatment of Childhood Trauma*, California Association for Play Therapy, Hayward, CA (8 hours) June 25, 2016
- *Siblings of Special Needs Children Have Needs, Too: An Interactive Panel Discussion*, Special Education Enrichment Development Foundation/SEED, Lafayette, CA (2 hours) May 18, 2016
- *Raising a Special Needs Family in a Neuro-Typical World*, Ann Martin Center, Emeryville, CA (2 hours) May 6, 2016
- *Understanding the Emotional Issues Associated with Parenting a Special Needs Child*, Ann Martin Center, Emeryville, CA (2 hours) April 1, 2016
- *Medications for Autism*, Morgan Autism Center, Santa Clara, CA (3 hours) January 25, 2014

### TECHNICAL SKILLS

- Microsoft Word, Excel, PowerPoint

### PROFESSIONAL AFFILIATIONS

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|--|------------------------|
| California Association of Marriage and Family Therapists, Member     | February, 2015-Present |
| California Association for Play Therapy, Affiliate                   | February, 2015-Present |
| American Association for Marriage and Family Therapy, Student Member | November 2013-2015     |